



Guest Biking Rules

1. Guest riders check in at the coral to receive directions on how to follow the self-guided trails. The trails that are open to the public will be marked with colorful cones. Cones point in the direction of travel.
2. Docents patrol the trails throughout the event and are available for on-trail support for things including; first aid, directions and minor bike repair.
3. Helmets must be worn when riding the property.
4. Sturdy, closed toed shoes must be worn. No flip flops or open toed sandals on the property
5. No "slick tires" allowed on ride. Knobby tires only.
6. Stay on existing trails.
7. Do not pick plants or flowers and leave resources as you find them.
8. Advise a docent, or call (916) 612-3719 if you start to feel weak or too warm.
9. No smoking allowed at any time when visiting Deer Creek Hills.
10. No dogs are allowed at Deer Creek Hills, unless qualified as a disabled person's aid.
11. Leave No Trace. "Pack It In – Pack It Out"
12. Carry a working cell phone. Call 911 in case of emergency.
13. Class1 e-bikes, which are operated in the pedal assist mode, will be allowed on the preserve this season (per Cal. Veh. Code. § 312.5; § 21200 – 21212; § 21207.5; § 24016). The use of e-bikes during Mountain Bike Season must be disclosed to SVC staff upon check-in. Electric assisted bicycles are not to exceed 15 miles per hour while on the preserve.

Health and Safety

1. All visiting guests must sign a liability form for every visit to Deer Creek Hills.
2. Inform staff or docent upon check in if you have any serious health concerns.
3. Avoid cow pies. They can appear dry and still be very slippery.
4. Look out for snakes, especially near rocks or logs.
5. Drink adequate water to stay hydrated.
6. Bring high energy snacks to re-fuel.

7. Bio-breaks are to be taken at least 200 feet from any water source.
10. Avoid poison oak. Remember, "Leaves of three, let it be."
11. Check for ticks after visiting Deer Creek Hills.

Cancellation Policy

Heat: A National Weather Service heat index that puts staff and visitors in the Danger zone will close Deer Creek Hills.

Air: Air quality is monitored using purpleair.org throughout the summer months. According to the Pollution Standard Index (PSI) it is unsafe to ride if the AQI is at or above 138. As a result, the ride will be cancelled.

Red Flag warnings: Red flag warnings are monitored throughout the summer. Docents work hard every weekend to keep trails clear of brush and dry grass in order to limit fire danger. Unless there is an active fire burning in close proximity to the preserve, riding will be allowed on red flag days.

Registered riders will be notified via email if this ride must be cancelled, and given the option to transfer registration to any future ride or donate fees to stewardship & trail maintenance projects on the Preserve. Registration payments are not refundable.